

DEPARTMENT OF PANCHKARMA

Introduction : Panchakarma are bio-purification procedures which cleanses vitiated doshas from our body and rejuvenates our body & mind. It is very much beneficial for overall health, wellness and self-healing. Thus, it shows a promotive, preventive as well as curative effect on body and mind. Even a healthy person can do Panchakarma as per season in order to maintain his proper health. The five fold detoxification comprises of vamana (therapeutic emesis), virechana (therapeutic purgation), basti (therapeutic enema), raktamokshana (therapeutic blood letting) and nasya (nasal instillation of drugs). A few other therapies are also done along with these therapies for better relaxation and rejuvenation like Shirodhara, Shirobasti, Pizhichil, Udvartanam, Patra pinda swedana , Sashtikshalipinda sweda, Akshitarpana, etc.

AIM

- To provide the best Panchakarma service to the patients.
- To impart the updated knowledge of Panchakarma to the students.
- To make the students theoretically, practically and clinically sound.

UTILITY

- To impart skills of Panchakarma therapies in disciples and to show the role of Panchakarma in maintenance of health & treatment.
- To manage the chronic illnesses and ailments difficult to manage by contemporary health sciences.
- To maintain the health and longevity.
- Students will get better platform for understanding and practicing Panchakarma.

FACILITIES



- Charts and models for demonstration of procedures.
- Well furnished Separate male and female general Panchakarma wards with sophisticated instruments and equipments.
- Well trained male and female masseurs .
- Facility of Hi-tech Panchakarma for privileged patients.

FURTHER SCOPE

- To pursue higher studies MD, PhD for research and Academic Purpose.
- To Establish well developed Panchakarma resort.

UNIQUE FEATURES

- Traditional Ayurvedic & Keraliya Panchakarma procedures are being offered to the patients

S.N.	Name	Department	Designation	D.O.J	Photo
1.	Dr. Lalit Sharma	Panchkarma	Professor	15-01-18	
2.	Dr. Ajay Saxena	Panchkarma	Reader	05-09-18	
3.	Dr. Reshmi Babu	Panchkarma	Lecturer/Consultant	09-04-18	