

GS AYURVEDA MEDICAL COLLEGE & HOSPITAL

N.H.-09 NEAR RAILWAY STATION PILKHUWA,

DIST: - HAPUR (U.P.) -245304

Work Shop on Pinda Sweda (Oct 12 & 13, 2021)



Department of Panchakarma, GS Ayurveda Medical College, Pilkhuwa, Hapur organized a 2 day hands on training i.e. “**Workshop on Pinda Sweda**” on 12th & 13th of October 2021. The workshop was attended by 58 delegates. The personal hands on training has provided the preparation and application of different types of Pinda Sweda that are routinely useful in the general practice. The objective of the workshop was to popularize and familiarize different Pinda Sweda among the Ayurveda Community and to master them. Dr. Pratibha, HOD of Panchakarma took the lead of the workshop which was supported by Dr. Prof. Vaishali Tomer & Dr. Reshmi Babu, Asst. Professor, Dept. of Panchkarma.

The Event was graced by the esteemed presence of Mrs. Sonali Sharma, Managing Director, GSAMCH. The event started by seeking the blessings of Lord Dhanvantri through Dhanvantri Vandna by Dr.4TH Professional Students. The programme was presided by Dr. Bhavna Singh,

Principal, GSAMCH. Dr. Prathibha CK, H.O.D., Panchakarma welcomed the guest and gathering and explained the need of workshop among the students, where as Dr. ankur Singhal H.O.D., Dept. of Kayachikitsa gave the felicitations. The inaugural ceremony ended with a the vote of thanks by Dr. Reshmi Babu.

The session was followed (Day 01 & 02) by Practical demonstration, Hands on training and explanation about the different type of Pinda Sweda The workshop ended with the valedictory function by Dr. Ghanshyam Vatsa, Asst. Professor, Dept. of Swasthavritta.

Many of the delegates shared their experience. All appreciated & supported the the Workshop & hope to have such other Workshops in Future. Certificates were distributed to all the attendees of the Workshop.