

# GS AYURVEDA MEDICAL COLLEGE & HOSPITAL

N.H-24, Near Railway Station Pilkhuwa,

District: - Hapur (U.P.) -245304

## DEPARTMENT OF KAYACHIKITSA

**Introduction :** Kayachitikitsa is the first and important branch of 'Astang ayurveda' and it deals with the diseases of whole body system and mind. The entire Ayurvedic therapeutics is based on the concept of *Agni*. The concept of *Kaya (Agni)* is unique and is responsible for bio- transformation. According to this natural treatment, the body of a person is product of the constant psychosomatic interactions and diseases caused are due to the imbalance caused in the *tridoshas* of the body. This imbalance caused in the three *doshas* of *vata-pitta-kapha* is sometimes, caused by the mind and occasionally by the body's *dhatu* (tissues) and *mala* (toxin deposits). It is then that the Kayachitikitsa branch of ayurveda comes to assistance. In our institute we deals with the diagnosis and treatment of a variety of general diseases, such as skin disorders, diabetes, tuberculosis, rheumatoid arthritis and many other disorders.

The various research activities in the evaluation of efficacy of ayurvedic drugs in *hrid roga* (cardio-respiratory disorders), *udar roga* (gastrointestinal disorders), *yakrit roga* (hepatology), *twak roga* (skin & VD), *manas roga* (psychiatry), *rasayana* and *vajikarana* (geriatrics and aphrodisiacs) and *vata vyadhi* (rheumatology and neurology) are going on. The future development plans are to start Geriatric clinic and *Manas Rog* clinic and to establish well equipped departmental laboratory to conduct drugs research.

### Department of Kayachikitsa (Internal Medicine)

1. Deals with fundamentals of treatment of diseases according to Ayurveda.
2. Learning the clinical skill for diagnosis and treatment modalities as per principles of Ayurveda.
3. Students have to attend outpatient department and indoor patient department for practical learning.
4. Dispensing of ayurvedic medicine as per individual patients.
5. Principles and practice of different regimens with follow ups.

S.N.	Name	Department	Designation	D.O.J	Photo
1.	Dr. Ankur Singhal	Kayachikitsa	Professor	19-09-2018	
2.	Dr. Dilip Verma	Kayachikitsa	Reader	26-12-2016	
3.	Dr. Yogita Bisht	Kayachikitsa	Lecturer/Consultant	02-07-2018	
4.	Dr. Nellufar	Kayachikitsa	Lecturer	12-04-2019	