# **GS-JIM (GS-Journal of Integrative Medicine) – Author Guidelines**

# Introduction

GS Ayurveda Medical College and Hospital is pleased to introduce **GS-JIM** (**GS-Journal of Integrative Medicine**), a **peer-reviewed**, **open-access journal** dedicated to the advancement of Ayurveda and other integrative medical sciences. Our mission is to promote high-quality research, academic discussions, and interdisciplinary collaboration in the field of Ayurveda, modern medicine, and allied health sciences.

We invite submissions for our **inaugural issue, scheduled for March 2025**, under the following categories:

- Research Articles
- Review Articles
- Case Reports
- Short Notes
- Letters to the Editor
- Book Reviews

## **Submission Guidelines**

#### 1. General Guidelines

- Manuscripts submitted should be original, unpublished, and not under consideration elsewhere.
- All authors must have **significantly contributed** to the research.
- The manuscript should be written in English, maintaining clarity, coherence, and scientific accuracy.
- Submissions must be free from plagiarism .
- Studies involving **human participants or animals** must include **ethical clearance** from an approved ethics committee.
- Manuscripts must follow the Vancouver referencing style.

#### 2. Formatting Requirements

- Manuscripts should be prepared using **Times New Roman**, **12 pt**, **double-spaced**, with **1-inch margins on all sides**.
- The word limit for different submission types is as follows:
  - Research & Review Articles: Up to 3000 words (excluding references)
  - Case Reports & Short Notes: Up to 1500 words
  - Letters to the Editor: Up to 500 words

- Book Reviews: Up to 1000 words
- **Figures and tables** should be **high-resolution**, labeled properly, and placed within the manuscript where they are cited.

# **Manuscript Structure**

Each manuscript must include the following sections:

#### 1. Title Page

- Title of the manuscript
- Full names of all authors, their academic degrees, and institutional affiliations
- Corresponding author's email address and contact details
- Word count (excluding references, tables, and figures)

#### 2. Abstract

- A structured abstract within 250 words. If applicable containing :
  - Introduction Brief background and objectives of the study
  - Methods Research methodology, study design, and analysis techniques
  - **Results** Key findings of the study
  - Conclusion Summary and significance of the research

#### 3. Keywords

• **3-5 keywords** relevant to the study for indexing purposes.

#### 4. Main Text

The body of the manuscript should be divided into the following sections:

#### a) Introduction

• Brief background of the topic with a clear statement of objectives.

#### b) Materials & Methods

- Description of research methodology, study design, sampling techniques, and data analysis.
- Ethical considerations and approvals must be stated.

#### c) Results

- Clearly presented findings using text, tables, and figures.
- Data should be statistically analyzed, if applicable.

#### d) Discussion

• Interpretation of the results, comparison with previous studies, limitations, and future research directions.

#### e) Conclusion

• A concise summary of the study's major findings and implications.

#### **5. References**

- All references should be cited in **Vancouver style** (numbered in superscript format).
- Ensure accuracy in citing books, journal articles, and online sources.

#### 6. Tables & Figures

- Tables should be **numbered sequentially** and should not duplicate textual information.
- Figures should be submitted in JPEG or PNG format with a minimum resolution of **300 dpi**.
- Legends should be provided for all figures and tables.

## Peer Review Process

- All submissions will undergo a **double-blind peer review** process.
- Each manuscript will be reviewed by **subject-matter experts**.
- Authors will receive feedback and may be required to submit **revised versions** based on reviewer comments.
- The final decision regarding publication will be made by the **Editorial Board**.

## **Plagiarism & Ethics Policy**

- The journal follows a strict anti-plagiarism policy.
- Manuscripts found with plagiarism will be rejected immediately.
- Authors must disclose **conflicts of interest** (if any) while submitting the manuscript.
- Clinical studies must comply with **ethical guidelines**, and written **informed consent** must be obtained from participants, if applicable.

## Submission Process

- Authors must submit their manuscripts via email to gsjim0418@gmail.com.
- The submission must include:
  - 1. **Cover letter** stating the significance of the research and its originality.
  - 2. Title page with author details.
  - 3. Main manuscript file (with abstract, main text, references, tables, and figures).
  - 4. Ethical clearance certificate, if applicable.

# **Important Dates**

• Inaugural Issue Release: April 2025

# **Contact Information**

For any queries regarding submission, formatting, or journal policies, contact us at: **Email**: <u>gsajoim@gmail.com</u>

We look forward to your valuable contributions and active participation in promoting Ayurveda and integrative medicine through **GS-JIM**!

