

You are cordially  
Invited to  
**INTERNATIONAL  
YOGA DAY 2023**



**Save The Date**  
**21.06.2023**

**GS AYURVEDA MEDICAL  
COLLEGE & HOSPITAL**



## **Programme Schedule**

**21st June 2023 - INTERNATIONAL YOGA DAY**

**6:00 am**

Inauguration

Lamp Lightening

Dhanwantri Vandana

**6:30 am to 6:45 am**

Yoga By -Dr. Atul and Mr. Kishan

**6:45 am to 7:45 am**

Yoga By - Yogaachaarya (Mr. Arun Kumar Panday)

**7:45 am to 8:00 am**

Principal Speech (Dr. Bhawna Singh)

Dean Speech (Dr. Pradeep Garg)

Vote of Thanks (Dr. Ghanshyam Vatsa)

**8:00 am**

Fruits & Energy Drink Distribution

**8:30 am**

Selfie Point Exhibition

Yoga Poster Presentation

**VENUE:**

**Cricket Ground, GS Ayurveda Medical  
College and Hospital**